Competition

The definition of Competition is action of competing with others for profit, prize, or possession. It can be looked at as a contest or game too. It is external or internal benefit. In competition everyone wants to win. Performance climate is the same as competitive climate. There are different levels of competition.

Why do youths play sports? One, the have the motive to have fun. Two, they have the motive to learn skills. Three, they have the motive to become physically fit. Four, they enjoy excitement. And five, they enjoy the atmosphere.

There are three negatives of youth sports. First, sometimes they focus only on winning. Second, it can get violent. Finally, there can be too much stress.

By being in competition you get to show what you learned. If there is too much focus on winning the child feels like they disappoint. Later, competition becomes a habit. Some people compete for other people, for emotional high, for team, to release aggression. You compete to better your status. Organization is key to having an effective program.

Negative competition can influence you for the rest of your life. Superstition affects competition. Repetition is the key to learning. There are techniques to control anxiety in competition.