Religion in Sports

Religion is defined as a belief in the supernatural power or powers regarded as power of the universe. It is teachings from a spiritual leader.

The organization called, Fellowship of Christian Athletes or FCA, combines various grade levels to serve God with sports. It is a non-denominational organization. Another organization called, Adventure for Victory, is an older program. It uses sports as a method to show good news.

Religion is and has always been a big part of sports. Due to some religions, players have not been able to play on certain days or have had to be in accordance with certain practices.

Lately, student led prayer has caught heat in the public school systems. It has been said to be in violation of the First Amendment. Schools are not supposed to be involved in prayer.

We discussed an article about a Texas school district having to stop prayer before football games because of violation of our amendments. I personally feel that religion is and will always be a big part of sports. I feel that as a coach you should not tell your players to pray or force religion upon them, but if they want to pray on their own then it should definitely be allowed in the locker room or before games. I personally have had both sides of the fence experienced while participating in sports. I have had one coach that said that we would not take out of our time before games to pray. If we wanted to pray it had to be on our own. In college, we would say a prayer together before every game. I really liked the prayer before the game but I don’t think we could or should do it if there was a woman participating that was of a different religion from Christianity or did not believe.