Coaching Philosophy

My philosophy is that sport is one of the most important aspects of a person’s life. A person can learn so much from being involved in athletics. He/she learns discipline, motivation, teamwork, commitment, and how to succeed in the game of life. As a coach, I will instill values, motivation, and sportsmanship in my team.

First, I want to be able to teach my players values on and off the court. I will first teach them respect. The only way to teach respect is to show it yourself. I will encourage my players to be professional, on the court and in the classroom. The players will know the rules of the team and the rules of the classroom and they will be expected to follow both. They will also learn quickly that the sport they play is important but it is not as important as family, school, their faith, and their health. They will need to take care of those areas before they can focus on the sport they are playing.

Second, I will be a constant motivator for my players. Whatever I tell them I think they can do, will not be because I think it’s great for them to hear, it will be because I will believe in them. Players don’t need to be constantly reminded of what they did wrong. At the high school level, they already know the rights and wrongs. They need to be motivated to learn from their mistakes to get better. I will be a constant positive reinforcement. If I’m working with teenage girls I know that sometimes they need to view their body and the way they think of themselves more positively. I will motivate them to believe in themselves and believe in their team.

Finally, I will require sportsmanship from my players. This will start with myself. Referees make calls that may seem wrong, other teams may take cheap shots, but it’s your reaction to it that makes all the difference. My players will learn to respect their opponents but not fear them. They will also be assertive on the court not aggressive. I will work with any player that has trouble with this because we are only as strong as our weakest link.

If these three aspects are met by my players and I implement them effectively I feel that my players will think of their career playing for me was a big success.