Lindy

Rhythm: 2/4

Critical Cues: Stomp, Stomp, Rock Step
           Toe Heal, Toe Heal, Rock Step
           Triple Step, Triple Step, Rock Step

Variations:
1. Shake Hands: shake hands pull by with a turn back to back, then grab hands, girls change hands. (From right to left)
2. Shoot through: girls squat, boys turn around bringing leg over arms, boy pulls girl through legs, girl jumps up and does half turn facing boy.
3. Bridge: holding hands bring right arm behind partners head, slide hand down partner’s arm, and do shake hands turn.
4. Wind Up: men wind up girls, push out with left hand, girls walk forward doing a princess turn.
5. Double duck: holding hands both go under arms.
6. Cartwheel: guy’s squat down with flat back, hands on knees, girls do straddle roll over guys back
7. Tuck: guys put arm out straight, girls hang on to arm jump up in the air, guys grab girl’s leg and flip them over arm.
8. Pretzel: start in open position, guy puts left hand behind back, girl grabs hand with right hand, they are facing opposite directions, girl goes under guy’s right arm, girl spins under guy’s right arm, back to open.

Girls: 

Boys: