Evaluated Programs

Achieve

Who Produced This? University of South Florida’s School of Psychology Program in conjunction with several school systems to improve the academic and social progress of at-risk and underachieving students in Chapter I schools.

For What Grades is this Program Intended?
K-6

Prepared For What Specific Audience if Any? Students in more of a Suburban and Urban Environment. At a school where the students’ social behavior and aggression needs to be controlled.

Skills Addressed in this Program?
Social behavior and Aggression Control

Features You Find Attractive in this Program?
It focuses on students that have behavior problems. It would be a good program if you had behavior problems in the school.

What you do not like about the Program? The cost is really high, $167 per student if there is 750 students in the program.

Other information helpful to the Curriculum Committee?
It is not known which components of the project are necessary for success. It has been successful but they don’t know if it is due to the program or staff.

Be Proud! Be Responsible!

Who Produced This? Loretta Sweet Jemmott, Ph. D. University of Pennsylvania

For What Grades is this Program Intended? Middle School or High School

Prepared For What Specific Audience if Any? It was original targeted towards African-American male adolescents living in urban areas, although the current version works with male and female inner-city adolescents of various races.

Skills Addressed in this Program?
It addresses the role of sexual responsibility and accountability and the role of pride in making safer sexual choices.
Features You Find Attractive in this Program? The price is pretty good. It includes a teacher’s manual with background information, lesson plans, and masters needed for games and students activities, plus a video for $95.

What you do not like about the Program? The fact that it was created for inner city schools would make it not very useful if you were teaching at a small town school.

Other information helpful to the Curriculum Committee? The Centers for Disease Control and Prevention identified this program as a program that works in its research to classroom project that identifies risk reduction curricula with credible evidence of effectiveness.

Eat Smart
Who Produced This? The Child and Adolescent Trial for Cardiovascular Health Program. Funded by the National Heart Lung and Blood Institute.

For What Grades is this Program Intended? K-6

Prepared For What Specific Audience if Any? Any

Skills Addressed in this Program? 6 areas. Menu planning, field-tested recipes that serve 100, purchasing both commodity and vendor-prepared foods that meet the dietary guidelines, preparation methods, food production, and food merchandising and promotion.

Features You Find Attractive in this Program? It’s objective is to ensure that cafeteria meals provide the recommended levels of essential nutrients and meets students’ tastes.

What you do not like about the Program? It takes a lot of dedication from a lot of people. It usually takes 2 to 3 years to implement.

Other information helpful to the Curriculum Committee? The program has several components: a physical education program, CATCH PE, heart health education curricula for the third; fourth and fifth grades; family involvement activities; and EAT SMART, a food service program.