Service Learning Project
Aging

Instructions and Purpose: You are assigned to meet with one of the following people;

- Grandparent
- Elderly Person at an Assisted Living Home/Nursing Home
- Elderly Person at a Hospital
- Elderly Person who is a friend or friend of the family
  1. You are to spend some time talking with a senior citizen (someone over 65 years of age.)
  2. First you are to bring them some sort of gift or provide a good deed without telling them that it is an assignment. Second, you need to ask if you can interview them.
  3. Our objectives are to be aware and have an understanding of the needs of our older population and to remove stereotypes and dispel myths we often attribute to and believe about them.
  4. We also want to acknowledge the valuable contributions that members of the older generation make to our lives.

You will be handing in a written paper explaining how your visit went. It must include:

1. **Introduction:** *(answer the following questions)* Where did the interview take place? Who is the person you are interviewing? How do you know this person or meet this person?

2. **Answers to the Following Questions:** *(answer all of the following on a blank sheet of paper)*
   a. What was school like when you went to school?
   b. Can you give me a brief outline of your life from your school years until now and comment on your occupation, family life, and other events of significance?
   c. How is society different now than when you were my age?
   d. What social activities did adolescents participate in when you were my age? What did kids do for fun?
   e. What age did you like the best?
   f. What are the biggest problems facing the elderly today? What do you think could be done about them?
   g. How do you feel about adolescents today? What are some of your concerns?
h. What comments or advice would you like to give to me and other adolescents today?
i. How can I prepare for aging, or can I?

3. **Reactions to your experience (must include at least 4 of the following)**
   a. Anything you learned
   b. The value of this conversation
   c. Your thoughts about growing old
   d. Any changes you might make in your life concerning your relationships with the elderly?
   e. What type of person you want to be when you are a senior citizen
   f. What you perceive as real needs and concerns of the elderly

**Paper must be at least 1 typed page in length including 3 paragraphs. (No more than 3 pages)**

- 12 pt. Font
- Single Spaced

**Assignment worth 20 points**