Scooter Lesson Plan
Grade: 4th grade
Unit: Scooters

Skill: activities, movements

Performance Objectives: By the end of this lesson, students will be able to:

Psychomotor:
- Move on the scooter using their hands and feet
- Move back and forth the width of the basketball court three times
- Demonstrate proper scooter movement form

Cognitive:
- Understand how to use a scooter properly
- Apply the skills learned in this lesson to future activities

Affective:
- Treat the equipment with respect
- Follow all safety rules

Equipment:
- 7 scooters
- Cones
- Bean bags

Safety Tips:
- Watch out that fingers don’t get pinched in the wheels
- Make sure that hair doesn’t get caught in the wheels
- Be aware of others around you
- DO NOT stand on the scooters
- Stay in control of your scooter at all times
- Respect each other and the equipment

Assessment Measures:
- _____ Psychomotor: Observe students using proper form when using the scooters.
- _____ Cognitive: Students will describe proper movements. Also, how and why safety is important.
- _____ Affective: Observe students following all safety rules.

Future Suggestions:
<table>
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| 0-1 min.| • Go over safety rules  
- Don’t stand on them  
- Avoid pinching fingers in wheels  
- Avoid getting hair stuck in the wheels | • No Standing on them.  
• Don’t pinch fingers.  
• Keep Hair away from wheels | S S S S T     |
| 1-2 min.| • Get scooters  
• Have them sit on their scooters  
• They should all be on the same line | • When I say go, I want you to go get a scooter and come back and sit on your scooter. Line up on this line and wait for directions.  
• “GO” | T S S S S S S |
| 2-6    | Individual Activities  
• Tell them to place hands on the side of their scooter  
• Have the students move from one line to another, only using their feet in a sitting position for 30 sec.  
• Have them work on turning around on the scooter.  
• Then have them sit cross-legged and only use their arms to move them around for 30 sec.  
• Then use both hands and feet for 30 sec.  
• Try the same thing but kneeling on their scooter.  
• Have them try moving on their stomach or back using only feet, then hands, and finally both. | • Hands on Sides  
• Feet only  
• Now, Hands only  
• Both feet and hands  
“FREEZE”  
• Kneeling  
• On tummy or back “FREEZE” | S S S S S S T |
| 6-7    | Partner Activities  
• Get a partner and one scooter, the rest of the scooter can go against the wall.  
• Have one person sit on the scooter and the other person behind them.  
• Push your partner to the other line, by hanging on to their shoulders.  
• Next see how fast you can push your partner, while being in control.  
• Switch and repeat  
• Try different ways to push your partner on the scooter for 1 min. | • One scooter per group  
• Push with control  
• Be speedy  
• Try different ways | S S S S S S T |
### Partner Activities Cont. (if time allows)
- Next have one partner sit on one line and the other on a different line. Face each other.
- Push the scooter back and forth between partners.
- Have the shorter of the two partners raise their hand. They will form a group and the taller partners will form a group.
- Face each other
- Push it back and forth
- **“FREEZE”**
- The shorter partner raise their hand. If your hand is raised you are on a team, the rest of you are the other team.

### Application Activity
**Scooter Relay**
- With cones set up, have them in two teams.
- Have them line up with one scooter per group.
- They have to go around the cones clockwise and come back.
- Then the next person in line with go.
- When they are done they will sit down.
- They can do any movement they want individually
- Then second time around a partner has to push them.
- Have them go through 2x first individual then partner.
- Next, The first person will have to pick up the beanbags and bring them to the next person to put out. Then, the second person has to go out a beanbag at every cone. Finally the last person has to go pick them up. The first group to complete this task wins.
- Remember they have to be sitting when they are done.

- One scooter per group
- Go around the cones
- When done sit down
- First individual movement, then partner movement
- Go through 2x
- **“FREEZE”**
- Sit when done

### Conclude
Good job, today we learned how to move on scooters!