**EDU 330: Developmental and Education Psychology**

***“How will I maximize my learning this semester?”***

***NAME:***

**Overview:** Setting goals and plans is an important first step in successfully self-regulating your learning. This short response paper will support you in developing appropriate goals and plans to meet these goals.

**Directions:** Complete this paper on the word document (**make sure to include your name at the top)**. Feel free to use bullet points for the responses. Print and bring to class.

1. This class includes the below learning opportunities. Based on your prior experiences with the below opportunities, what are **effective** strategies to maximize your learning and performance? Feel free to comment on individual opportunities or respond more generally.
   1. Reading and Video Assignments completed outside of class in preparation for class discussions
   2. Quizzes
   3. Research Paper
   4. Reaction papers (short papers written in response to a reading/video)
   5. Class discussions (small and full class discussions)
2. What **goals** do you have for yourself? These goals can be broad academic goals (i.e. time management) and/or goals specific o learning opportunities in this class (i.e. ask more questions during discussions).
3. What **strategies** will help you meet these goals?